

# THE **Spiritist** MAGAZINE

English Edition N. 42 - July-September, 2018  
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## Spiritist Youth

by Beatriz Lopes

## God in Schools

by Heather  
Bollech-Fonseca

## International Agreement of Action

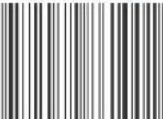
for the Spiritist Youth

## Chico Xavier on July 8

by Antonio Cesar Perri  
de Carvalho



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# Regarding Youth

Andre Luiz (Spirit) / Chico Xavier (Medium)

Moderate signs of excessive enthusiasm by exercising prudence in everyday struggles, without allowing yourself to become intoxicated by systematic circumspection or pessimistic shadows.

The cultivation of temperance prevents imbalance.

\*\*\*\*\*

Take note of the extent of your strengths by always consulting with more mature hearts in your earthly learning opportunities as guides towards the fundamental steps of your own existence, preventing likely deviations.

The absence of vigilance results in disaster.

\*\*\*\*\*

Stay persistent and consistent in your attitudes, without dispersing opportunities into multiple simultaneous tasks, so they are not just partially executed.

Lack of consistency and discipline are open doorways to frustration.

\*\*\*\*\*

Refrain from the unconscious dive into festive activities, avoiding, moreover, the domestic selfishness that inspires desertion from the work of the general good.

Recklessness produces imbalances; imbalances create extremism, and extremism generates disturbance.

\*\*\*\*\*

Eliminate estranged intentions related neither to the duties of humanity nor to the moral improvement of yourself.

Insincerity deceives the one who promotes it first.

\*\*\*\*\*

Search tirelessly for balance and discernment to refine one's own tendencies, strengthening maturity and the ability to observe while within the physical body, starting from the very early days of youth with the vision of the everlasting life of the soul.

The commitments received by the reincarnating Spirit begin at the moment of conception.

\*\*\*\*\*

*"Flee from youthful lusts, but pursue righteousness, faith, love, and peace with those who call on the Lord out of a pure heart" – Paul (2nd Timothy, 2:22).*

Source: From the book *Conduta Espírita* by Andre Luiz (Spirit) psychographed by Waldo Vieira, chapter 2, published by FEB. The English version of the book was provided by the Spiritist Society of Virginia's team. Its copyright was given to the publisher. We await its publication.



# *Nontransferable Task: Collaborating with the Spiritist Youth*

"Listen, Simon," said Jesus with powerful serenity, "Do you think that the youth of tomorrow will be able to accomplish anything without the work of those who are now aging? Would the tree be able to live without its roots, the soul without God? Keep your mind focused on your effort and do not worry about the work that belongs to the Almighty God. Above all, do not forget that our task should not be transferable so we can achieve perfect dignity in our souls."<sup>1</sup>

Allan Kardec followed through the recommendation by Jesus in his nontransferable task when he collaborated with the teenage mediums of the Spiritist Codification. Kardec researched, compiled the information, and published it. The teenage mediums were the vessel through which we have got the information.

Chico Xavier also received the guidance and support given by the couple Peracio, who followed through the recommendation of the Master in their nontransferable task. Chico Xavier then was able to psychograph his first book (*Parnaso de Alem Tumulo*) at the age of 22 and have it published by the Brazilian Spiritist Federation.

Our current worldwide crisis with youth is a byproduct of either the negligence of the adults or the

permissiveness of theirs. What do we need to do? We need to learn to collaborate with the youth. We need to rescue the importance of apprenticeship. We need to validate and value the current youth.

In the Spiritist movement, it becomes vital to welcome youth, while collaborating with them. That's why we are dedicating this current issue of the Spiritist Magazine to the excellent works done by the youth as per the collaboration of wonderful adult facilitators in the First International Spiritist Youth Weekend. Following through in their nontransferable task, Kardec Radio and its team coordinated the historical moment that creates a new moment for the Spiritist youth in our movement. Let us give them voice. Let us give them space in the works of our daily lives.

We hope you enjoy and rejoice with the current issue of the Spiritist Magazine!

Vanessa Anseloni, PsyD, PhD  
Editor-in-Chief

<sup>1</sup> Boa Nova (Good News) by Humberto de Campos (Brother X), chapter 9, published by FEB.

# THE **Spiritist** MAGAZINE

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The Spiritist Magazine N. 42  
July - September, 2018

## SPIRIT MESSAGE

"Help with diligence  
Without conditions and exchange rate.  
The delayed help is the one  
That comes after the shipwreck."  
Casimiro Cunha (Spirit) / Chico Xavier (Medium)  
(Source: Gotas de Luz, chapter 3, published by FEB)

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# *Is evil a determination of our destiny?*

*No one is born destined to evil, because such provision would go against the fundamentals of Eternal Goodness onto which raises the Work of God.*

The Spirit who is reborn in the terrestrial cradle brings the expiating trial that they should undergo or the redeeming task that they chose in accordance with incurred debts.

As in earthly societies, the same principles prevail by which if an individual is a confessed criminal, they must be segregated into appropriate correctional facility for proper rehabilitation. If they are just an apprentice in the field of experience with debts and credits, without serious offense to be redeemed, it is fair to grant him permission to ask higher authorities, which tutor his movements, the kind of work or struggle in which they feels more apt to serve in self-improvement. However, let us understand that when they had perpetrated a crime deserving of

painful punishment, they are not admitted in prison or in repairing work to aggravate their faults created before the Law, which would only expose the individual to deliberate in major crimes.

It is natural that the redeeming debtor may incur in strong impulses and relapses in the same error in which they went bankrupt. The greater is the moral diversion, the greater may be these impulses and relapses. However, the trial should be assimilated as amending resource, never as escaping amendment of the incurred debt.

Thus, no one is pre-determinedly destined by the Higher Plane to be relapse or vicious, useless or criminal, with justified transit in robbery or dipsomania, in prostitution or idleness, in homicide or suicide. While recapitulating our own experiences, we may suffer the impulses to engage again in this or that less worthy way in this or that aspect of life. This is the byproduct of the influence of our past in us, which instills in us the temptation, originally inside of us, to make of ourselves what we have been in opposition to what should become.



What percentage of time will the Spirit in median level spent in between incarnate internships?

For average level Spirits, the percentage of time spent in the spiritual plane varies according to the level of time gain in the recent incarnate internship.

The more extensive knowledge and the higher provision of acquired virtues by the Spirit, the more they enjoys wider periods of time in the Superior Sphere to obtain more resources for higher ennobling ascension.

Could we identify evolutionary links that may exist in the nonphysical plane that are unknown on Earth?

Beyond the physical plane, human research will find valuable material of observation to elucidate the various problems concerning the evolution of the being.

Do Spiritual instructors currently get involved in the improvement of the inferior evolving forms of life in which the spiritual principle does internship?

Yes, because all the fields of Nature have agents of Divine Wisdom working on the formation and the expansion of the values of evolution.

Of all the higher animals below humans, which is the holder of more enlarged fragmented ideas?

The subject demands long study in the sphere of technical developments, because there are certain fragments of ideas of certain sense which are more advanced in certain animals than in others. Yet, we will nominate the dog and the monkey, the cat and the elephant, the horse and the mule, as beings in your usual experience that are more widely endowed with mental wealth, as an introduction to continuous thought.

---

Source: Book *Evolução em Dois Mundos* (Evolution in Two Worlds) by Andre Luiz, psychographed by Chico Xavier and Waldo Vieira, Chapter 18, published by FEB. This book has been translated by Vanessa Anseloni and team from the Spiritist Society of Baltimore since 2012. This particular chapter was psychographed on June 22, 1958 by Chico Xavier in Pedro Leopoldo.

# *Spiritism, the diffusion of the Divine Spirit*



> Louis of France (Spirit)

The time has come when this word of the prophet is to be fulfilled: "I will scatter, said the Lord, Spirit over all flesh; and your children shall prophesy, your old people will have dreams." Spiritism is this diffusion of the divine Spirit, coming to instruct and moralize all those poor disinherited spiritual life who, seeing nothing but matter, forget that humanity does not live by bread alone.

The body needs a material organism in the service of the soul, food appropriate to its nature; but to the soul, emanation of the Creator Spirit, it takes spiritual food, which is only found in the contemplation of the celestial beauties, resulting from the harmony of the intelligent faculties in their entire manifestation.

While humanity neglects to cultivate their spirit and is absorbed by the search for possession of material goods, their soul is somewhat stationary, and it takes a great deal of number of incarnations before you can, obeying insensibly and as by force to the inevitable law of progress, to the beginning of intellectual vitality, which makes it the director of the material being, to which it is united. This is why, in spite of the teachings given by Christ, to make Humanity move - it is still so late because selfishness he did not want to be extinguished before this law of charity, which should face of the world and make it an abode of peace and happiness.

But the goodness of God is infinite, indifference and the ingratitude of their children. That's why he sends them these divine messengers, who come to remind them that God did not create them for the Earth, where they are only for some time, in order to, through work, develop the qualities put into the germ in their souls, and that, citizens of the heavens, they should not a season inferior to their ignorance, where only their faults retain them.

Thank the Lord, then, and salute with joy the advent of Spiritism, since it is the fulfillment of the prophecies, the resounding sign of the Merciful Father's goodness, and to you a new appeal to this detachment of matter, so desirable, considering that only He can give you the true happiness.

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Source: Message received by Mrs. Br... in the group Delanne in Paris on January 8, 1865. Article published in Revista Espírita by Allan Kardec, February 1867, FEB.

# *Educating the soul*

> Carolina Correa-Smith, Ph.D. (Education)

**C**urrently, when one thinks about education, we may visualize efforts to promote state-of-the-art technology, the needs for pedagogical training among teachers, the implementation of individualized education plans for children with special needs, the tireless efforts of teachers to promote parent engagement, among many other important trends. Yet, in the United States, schools have recently become the target of mass shootings.

In examining these traumatic events, one may ask "Where have we failed?" Fortunately, the Spiritist doctrine provides a moral framework through which we can find not only the answer to this perplexing question but also a source of consolation. This framework helps us recognize the need for transformation in education whereby the process of teaching and learning shall become a peaceful endeavor which focuses first and foremost on the immortal soul.

In light of this, how may we answer the question of where we have failed? According to the illuminated minds who inspired Kardec with the codification, the answer is very simple: we must bring God, the supreme loving source of all intelligence, back into our schools. Professor Euripedes Barsanulfo (1880-1918), having been fully

aware of the fact that God and our Master Jesus are our most perfect and loving educators, established the first Spiritist school in the world at the turn of the 20th century. In so doing, Professor Euripedes implemented a timeless proposal for educating the spirit, a set of principles and practices that merit being considered as a model for all of those who are committed to educating souls.

The first principle involves looking at the child as a immortal spirit who is but temporarily connected to a developing physical body. With this in mind, Professor Euripedes proposes that educators be open to recognizing that the spirit connected to the body of the child may indeed be even more advanced than the adults around him or her. In the Spirits Book, the illuminated spirits working directly with the Christ affirm that children are often spiritually more advanced than their adult counterparts since each generation is tasked with the responsibility to propel individual and collective spiritual progress forward<sup>1</sup>.

Knowing of this reality, the second principle that Professor Euripedes proposes is that educators see their students as spirits in evolution who may know even more than adults do and thus deserve to be respected, listened to, considered, and provided with numerous opportunities to express their potential. It is indeed important that educators let go of any air of superiority and open themselves up to learn from their own students with humility.

The third principle involves having educators train their students to become researchers and observers of



their own divine nature by recognizing God in everything and everyone around them, including within themselves. For this reason, Professor Euripedes proposes that even small children be told that they are spirits who live independently from their physical bodies, reminding them of the importance of emotional and physical self-control by practicing to put mind over matter. Providing children with opportunities to recognize themselves as spirits in evolution also boosts the relational dynamics amongst the children themselves.

Along this line of thinking, Emmanuel – the great educator and spirit mentor of Chico Xavier – proposes that we learn to discern between two categories of relationships we may encounter in our lives<sup>2</sup>. Some of our acquaintances may play the role of teachers from whom we have to learn an important lesson. Others may play the role of learners to whom we have a responsibility to teach. When this important distinction is fostered within educational settings, children are no longer seen or encouraged to see themselves as the sole focus of attention. Rather than expecting to have their needs met at all times, they are invited to see themselves as children of God who reincarnated to practice the good. Such a transformation in thinking and acting within relational dynamics among children may also prevent a sense of competitiveness from emerging.

As presented in The Spirits' Book, this approach goes hand in hand with the divine law of equality, which calls for everyone, incarnates and discarnates alike, to learn, love, and serve<sup>3</sup>. When the locus of student attention is

on giving rather than receiving, serving rather than being served, and understanding rather than being understood, the practices carried out in school align with the school of life, thus promoting further spiritual progress for all involved.

When the focus of education changes from an egocentric perspective to an altruistic perspective, children as immortal spirits are more likely to be reminded of the Golden Rule, which the Master of all masters stated involves treating others as one would like to be treated. As a collective on the Earth, we are all being invited to this regenerative proposal since, as eternal spirits in progress ourselves, our conduct is like an open book that can inspire others around us to profoundly transform themselves. Let us then propose to nourish souls by loving the spirits who are entrusted to us in schools and in society and by finally implementing the pedagogy of love exemplified by the Master more than two millennia ago. Now is the time!

1. KARDEC, Allan. *The Spirits Book*, question 197.
2. XAVIER, Francisco C. *Living Spring*, "Each One", EDICEI of America, p. 21.
3. KARDEC, Allan. *The Spirits Book*, questions 803 and 804.

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Carolina Correa is member of the Spiritist Society of Virginia, Spiritist Society of Washington, DC, a coordinator of the Program for Youth and Children at the SSVA, and host of Kardec Radio for Kids and Kardec Radio for Teens.

# International Agreement of Action for the Spiritist Youth



1st International Spiritist  
Youth Weekend  
July 7-8 Washington D.C.

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Adopted in Washington, D.C., USA, on 7 July 2018

**W**e, young Spiritists from around the world, gathered here in Washington, D.C., USA on 7-8 July 2018 at the First International Spiritist Youth Weekend to express our commitment to live in a peaceful and harmonious global society. Today, with more young people than ever globally, it is a demographic imperative to include us in working to achieve Christ's Divine Plans on Earth.

With this Agreement, we present a common vision and roadmap towards a framework to support us in spreading love and fraternity and building universal peace.

This Agreement was developed by the Spiritist youth and is the outcome of discussions with young people from several countries. In this regard, we:

Build on the teachings of the Spiritist books and acknowledge its character as the Promised Consoler by Christ Jesus;

Recognize that we, Spiritist youth, are engaged in shaping universal peace in our communities as positive contributors to peace, love and fraternity;

Call on all Spiritist organizations around the world to partner with us to ensure the implementation of the following action points in the upcoming ten years (by 2028):

#### 1. GENDER EQUALITY

- We remind that spirit has no gender; therefore, we must see one another firstly as spirit because we all have been women and men throughout our multiple incarnations.

- We urge our parents to encourage their children to be all that they want to be regardless of their gender, in order to shift the existing and limiting gender roles' paradigm.

- Spiritist centers must continuously be gender sensitive in all their actions and strive to ensure youth inclusiveness.

- Spiritist youth must be role models in their centers, schools and communities.

- Spiritist youth must volunteer to teach children at their centers and plan topics and discussions centered on gender equality.

- Spiritist girls and women must appreciate one another and build each other up.

#### 2. POLITICS

- We urge the Spiritist youth to continue to be a role model in their communities.

- We remind that thought is energy and prayer is power. Therefore, pray for the illumination of the minds of the people we have elected into government.

- Analyze the morality of the candidates against Spiritist values.

- We encourage the Spiritist youth to be heard and take part in public meetings, such as in community-wide meetings, expressing Spiritist values and influencing decision making.

#### 3. SUICIDE

- Do not judge those who have attempted suicide, but seek to understand their pain and offer your help. Reach out to other youth and show that you are a continuously available and reliable support even if only to pray together.

- Request the Spiritists centers to hold periodic suicide awareness events such as an awareness week, in order to equip the youth with the necessary skills to help prevent suicide.

- Request the Spiritists centers to foster youth community and youth inclusion by hosting regular youth events such as movie nights.

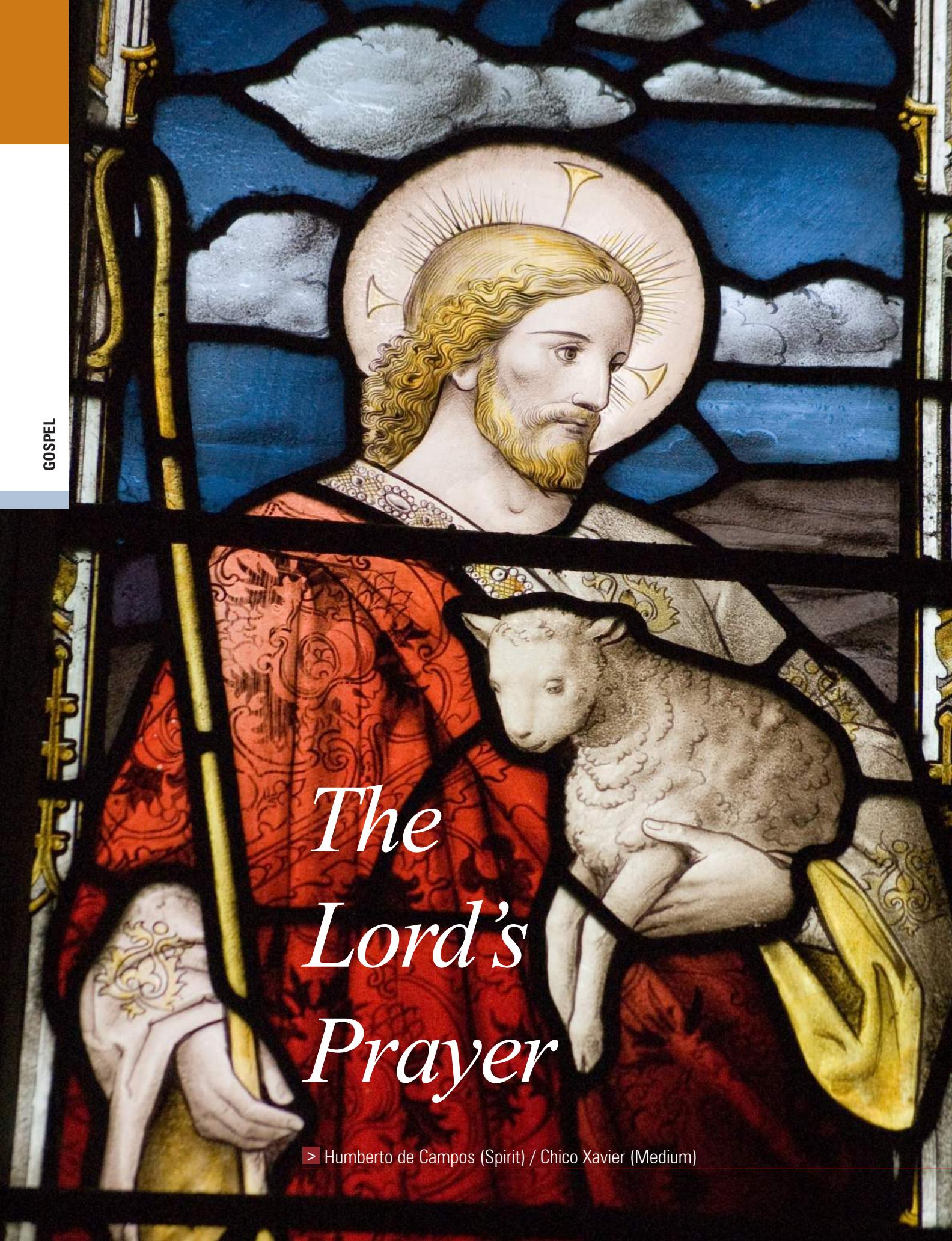
- Create a Spiritist Youth social media space that is safe and reliable for the youth to connect to and find the emotional support they need and according to the Spiritist doctrine.

Highlighted above are some of the key requirements for a framework supporting youth participation in achieving Christ's Divine Plans on Earth. To this end, all Spiritists organizations around the world must take measures to support young Spiritists as actors in building universal peace by implementing the action points in this Agreement.

As the youth attending the First International Spiritist Youth Weekend, we commit to working together with all stakeholders in order to build peace and harmony around the world. We commit to monitoring the implementation of these action points.

Source: This agreement was crafted and signed at the First International Spiritist Youth Weekend on July 7, 2018 by the Spiritist youth therein present and witnessed by all the adult facilitators. Special gratitude to Raquel Leong for helping with it and the translation of the article into Portuguese, English, and French. You may read it in the site [www.spiritistyouth.org](http://www.spiritistyouth.org).

GOSPEL

A stained glass window depicting Jesus Christ. He has a golden halo with rays and is shown from the chest up, wearing a red robe with a gold patterned sash. He is holding a white lamb in his left arm. His right hand is raised in a gesture of blessing. The background features a blue sky with white clouds. The word 'GOSPEL' is written vertically on the left side of the window.

# *The Lord's Prayer*

► Humberto de Campos (Spirit) / Chico Xavier (Medium)

**H**ealed by the Divine Master, Simon Peter's mother-in-law marveled at the hidden powers of the humble Nazarene who spoke in the name of God. He entwined hearts with his deep and ardent faith. With her health recovered, she began to reflect more carefully about the heavenly Father, always ready to meet the supplications of his children.

Calling her son-in-law one day for a detailed examination of the matter, she raised the possibility of asking Jesus for exceptional favors for her family. She reminded Peter that the Master, who was very close to them, was a powerful emissary of the Kingdom of God.

She pressured Simon Peter to relay to the Messiah that they were his first sincere collaborators and to enumerate the pressing needs of the family, the paucity of money, the weight of household services, the home with insufficient means. It was a situation that Jesus, through his ample prodigious powers, would be able to remedy.

Feeling tempted in his human feelings, the simple and generous fisherman pondered those remarks intended to open his eyes regarding the future. However, he knew that Jesus was the Master and that he never passed on any opportunity to teach about what was right. That was very useful to the disciples. Would he not know the best way? Did they not see his presence as somewhat similar to the very presence of God? However, still uncertain in the face of the family considerations, he sought an opportunity to speak with the Messiah on the subject.

\*\*\*

When the time came, the apostle tried a soft approach for seeking a solution to the problem, asking Jesus with his naive sincerity, "Master, does God really hear all of our prayers?"

"Why not, Peter?" Jesus answered sympathetically. "Since human beings began to reason, they have realized that, above their limited powers, there was an unlimited power that had created the environment of life. All people are born with a sense that there is something greater. They experience the need to commune with this higher plane, where the Father guides us with his love, justice

and wisdom through our prayers, even though we all call him by different names. Simon, would you believe that, throughout the ages of human history, souls would continue to come to a quiet, unyielding door if they did not obtain any results? ... Have no doubt: all of our prayers are heard!"

"Nevertheless," said the disciple respectfully, "if God hears the prayers of all beings, why are there such big differences in fate? Why am I required to fish to provide for my subsistence when Levi gets a good salary as a collector of taxes, with the wisdom of books? How can you explain that Joanna has numerous servants, while my wife is obliged to plant and care for our garden?"

Jesus listened attentively to his words and replied:

"Peter, we need not forget that the world belongs to God and that we are all his servants. One's work varies depending on the skill of one's effort. Today, you fish. Tomorrow, you will be preaching the divine word of the Gospel. Every honest work is of God. Whoever writes with the wisdom of the scrolls is not greater than he who plows the productive and fertile swath using his knowledge of the land. The sincere scribe, who takes care of the provisions of the law, is the brother of the well-meaning farmer who looks after the sustenance of life. One cultivates flowers of thought, while the other cultivates the wheat field that the Father protects and blesses. Do you think a house would be complete without the selfless hands that sweep it clean? If all the children of God were willing to collect taxes, who would pay them? Therefore, before any other consideration, it is necessary to sanctify every useful job by understanding that the world is the home of God.

"Have you stopped to consider that, while your wife takes care of your garden plants, Joanna, wife of Chuza, educates her maids? Which of the two has a greater responsibility: your wife who grows vegetables, or our sister who has the daughters of God under her protection? Who can say if Joanna will have such responsibility for life? In the world, there are great generals who, despite their victories, also go through the difficult experiences of their soldiers. Therefore, Peter, we need to definitely consider that, before any other conventional title within human life, we are children and servants of God. It is necessary, then, that we put our heart at his service, be it as king or as slave, certain that the Father knows everyone and leads us to the work or the position we deserve."

The disciple listened to those judicious explanations. Comforted by the clarifications received, he asked, "Master, how should we interpret prayer?"

"In everything," Jesus elucidated, "prayer must build our permanent means of unbroken communion with God. In such incessant exchange, individuals must submit themselves to the Father, confiding their intimate aspirations, of their hopes and desires, of their doubts and sorrows. Such acts lessen the weight of the world and restores their energy because God will grant them his light. It is therefore necessary to cultivate prayer, so that it becomes a natural part of life, like breathing. It is indispensable that we know this sure way for us to identify ourselves with Our Father."

"However, Peter, we observed that people do not remember heaven except in the days of uncertainty and anguish of heart. If the threat is cruel and disaster is imminent, and if the death of the body is inevitable, even the strongest will kneel down. But, how shouldn't the loving and loyal father feel when his children—created by his own hands—only seek him in times of misfortune? When human beings are lax in such sacred relationships, being indifferent to the parental care of Providence that grants them everything helpful and pleasant, they will uselessly hope for an immediate solution to their needs and problems. This will not fix, however, their longstanding separation from the Father along the pathway, nor will this alter God's will regarding their personal, deeply-felt issues."

Simon Peter listened to the Master with a new understanding. He could not fully grasp the magnitude of those concepts that went beyond the level of education that he had received, but he tried to comprehend the implications of those clarifications in order to cultivate a perfect exchange with the wise and loving Father, whose generous assistance Jesus had revealed in the light of his divine teachings.

\*\*\*

After a few days, while the Master taught a new lesson to the companions regarding the natural impulse to pray, Simon remarked, "Lord, I have sought, by all means, to keep unalterable my communion with God, but I have not reached the goal of my prayers."

"And what have you asked God?" questioned the Master, unperturbed.

"I have pleaded for his goodness to level my path in



regard to solutions of certain material problems."

Jesus beheld the disciple for some time, as if contemplating the fragility of the intellectual elements that Peter could use to carry out the work of the gospel. However, showing once again his deep love and good will, Jesus explained with gentleness and conviction:

"Peter, while you pray to the Father for the satisfaction



subject mattered much to the small community gathered therein, one of the sons of Alpheus asked Jesus, "Lord, teach us to pray!"

Then they were arranged in a circle. As if he had dipped his thought in an invisible ocean of light, the Messiah spoke for the first time, the prayer that he would bequeath to humanity.

Elevating his magnanimous spirit to the Heavenly Father and putting his love above all things, Jesus exclaimed:

"Our Father, who art in heaven, hallowed be thy name." And, considering that the redemption of a person may never happen without the mercy of the Creator, considering the immense baggage of human imperfections, he continued, "Thy kingdom come." Implying that the will of God, loving and fair, must be fulfilled in all circumstances, he added, "Thy will be done, on Earth as in heaven." Clarifying that all the possibilities for health, work and experience invariably come to human beings from the sacred source of divine protection, he continued, "Give us this day our daily bread." Showing that living beings are always under the action of the law of compensation and that each one needs to extricate oneself from the painful shackles of the distant past through the sublime exemplification of love, he emphasized, "Forgive us our debts, as we forgive our debtors." Understanding, however, the nature of human weaknesses to establish the principle of the eternal struggle of Christians against evil, he finished his prayer simply saying, "Lead us not into temptation but deliver us from all evil, for thine is the kingdom, the power and the glory forever. So be it."

Levi, the most intellectual of the disciples, took note of the sacred words so that the prayer of the Lord would be kept in their humble and simple hearts. In summary, Jesus' prayer embodied the entire plan of effort and enlightenment of the nascent Christianity. Since that memorable day, the simple prayer of Jesus has spread like a heavenly perfume all over the world.

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Source: Book "Boa Nova" (Good News) by Humberto de Campos (Spirit) through the psychography of Chico Xavier, chapter 18, published by FEB. The book was translated by the team of the Spiritist Society of Virginia. The copyrights of the translation were given to the Brazilian Spiritist Federation. We wait for its publication. Meanwhile, we recommend that the reader watches the study session on this book by Vanessa Anseloni at Kardec Radio's YouTube channel.

of your desires and whims, it is possible that you retreat from the prayer feeling unsettled and downcast? But whenever you request the blessings of God in order to understand his fair and wise intentions for you, only then will you receive the divine treasures of comfort and peace through prayer."

The apostle was silent, demonstrating that he had understood it after all. However, recognizing that the

# The First International Spiritist Youth Weekend

By Vanessa Anseloni, PsyD, PhD

The First International Spiritist Youth Weekend happened on July 6 to 8, 2018 in the Greater Washington Area, USA. Its goal was to gather together the Spiritist youth around the world and foster its works to the benefit of humanity.

## Preparation

The inspiration came about on June 24, 2017, when Vanessa Anseloni and Carol Correa drafted the first release of invitation to the First International Spiritist Youth Weekend as an expression of service to humanity in celebration of the seventh anniversary of Kardec Radio and the 18<sup>th</sup> birthday of the reincarnation of Emmanuel (all that we know from Chico Xavier – before he discarnated – is that Emmanuel reincarnated in the country side of the State of São Paulo in Brazil in the year 2000).

After extensive preparation by the team of the Spiritist Society of Virginia together with other adult facilitators (from several Spiritist organizations) and Spiritist teen leaders, the First International Spiritist Youth Weekend took place in the Greater Washington Metropolitan area. This is a one-of-a-kind event focused on the empowering and life-changing theme of "Spiritist Youth Changing the World".

With free admission, Kardec Radio sponsored the event giving an opportunity for worldwide youth and their parents to join the endeavor while youth was center stage.

Prior to the event, Kardec Radio offered 50 hotel accommodations to teens who submitted Creative Interpretations under the theme Spiritist Youth Changing the World. In this issue of the magazine, you will be able to browse through some of them. To see the ones received, please go to the website [www.spiritistyouth.org](http://www.spiritistyouth.org).



## Welcome Reception

The Welcome Reception of the First International Spiritist Youth Weekend happened on July 6, 2018 at 6 pm in the Sheraton Tysons Hotel.

Its purpose was to welcome teens, their families and the adult facilitators in a healthy fun atmosphere. Participants were served cupcakes and refreshments while playing healthy Spiritist Games created by the General Coordination of the event. See the games at <http://www.spiritistyouth.org/welcome-reception>.

The Creative Interpretation of the teens who won the hotel accommodation were exhibited while a loving team welcomed each participant with their welcome



# nal end



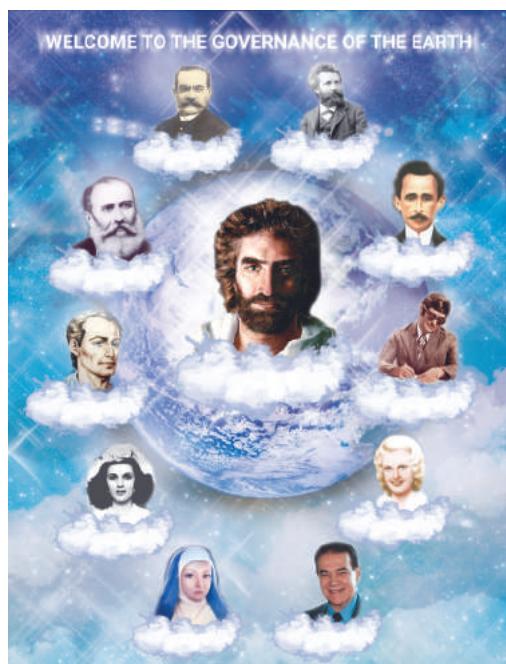
kit composed of: a bag, a t-shirt, a folder containing the message Under the Sun of the Truth by Emmanuel / Chico Xavier, an activity named Spiritual Contract, a Kardec Radio pen, a Kardec Radio mirror, an Intelligent Sleep box (mini bottle of Spring water, lavender sachet, and the explanation regarding how to engage into an intelligent sleep). Each participant also signed a Harmony Code as a commitment with the general good of the event. To access all of the documents mentioned above, please go to <http://www.spiritistyouth.org/welcome-reception>.

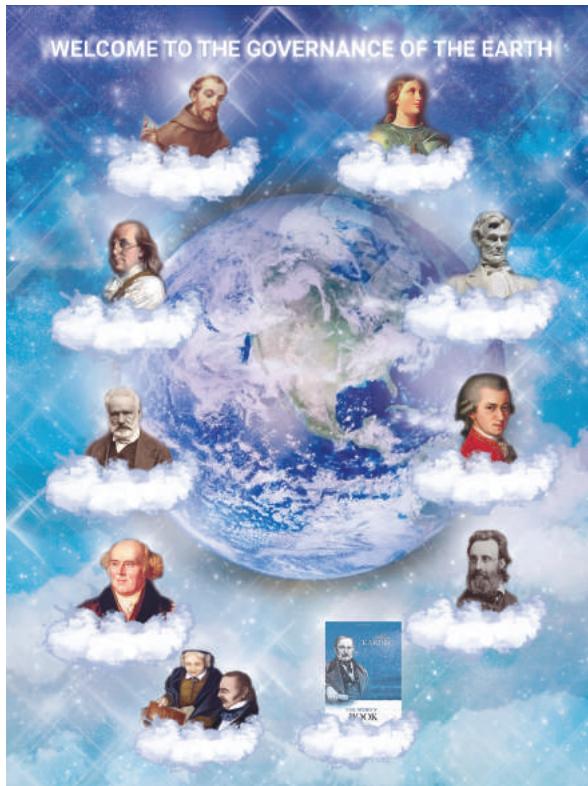


## Saturday, July 7, 2018

### Opening Ceremony

On July 7, 2018, the First International Spiritist Youth Weekend continued with the Opening Ceremony where the teen MC's (Mahala Geronasso and Andre Correa) invited all present to watch its introductory video when it was presented a retrospective of the formation of the universe till the formation of the earth, the coming of Christ Jesus and the illuminated Spirits who guide our lives on earth. Also, the Presidential Auditorium in which the Opening Ceremony was being held simulated a room of Planet Earth, having Jesus Christ as its Governor, assisted by a team of Illuminated Spirits as represented in the banners below.





### United Nations Spiritist Youth Forum

The first youth-led activity happened in the Presidential theater where Spiritist teens create an International Agreement of Action for Spiritist Youth (you may read it in another section of this magazine). Led by Beatriz Lopes (host of Kardec Radio for Teens) and assisted by Juno Zago, the forum took place as means for a discussion on current worldwide issues to be addressed in the Agreement. The video on the forum can be found at [www.spiritistyouth.org](http://www.spiritistyouth.org).



### Children's Workshop

Children of the adult facilitators were also working in parallel to the youth-led activities and the parent's workshop. They worked with the same proposal of building a planet of joy, courage and hope with the governance of the Christ Jesus.

The lyrics and the melody of the song were received mediumistically by Vanessa Anseloni at the Spiritist Society of Virginia.

You are love  
You are light  
You are gods (2x)

Loving one another  
Loving one another  
Is the way to go  
Is the way to go.

The video on the children signing the song to the Spiritist teens is also found at [www.spiritistyouth.org](http://www.spiritistyouth.org).





## Parents' Workshop

Sat Jul 7, 2018

### Parents' Workshop

In support to the First International Spiritist Youth Weekend, parents were invited to participate in a parallel workshop.

The workshop for parents was led by Dr. Vanessa Anseloni, Dr. Carolina Correa and Rejane Martins.

The goals of the workshop were to stimulate the reflections on the importance of parenting as a mission, while encouraging parents to create products that will benefit other parents.

In the first session, parents compiled a document titled Spiritist Parenting Code of Conduct.

In the second part, parents kept studying chapters of the book Thought and Life by Emmanuel (psychographed by Chico Xavier) and worked on elements of suggestions for an app of the Spiritist Support for Parents.

### SPIRITIST CODE OF CONDUCT FOR PARENTS

As parents, we shall continuously work together on creating an environment of spiritual growth, focused on the divine laws and moral values given by Christ Jesus.

We, as Spiritist parents, should lead by example and with love, giving our children tools to guide them through their spiritual growth.

We, as Spiritist parents, should accept ourselves as apprentices in the path of evolution. We should be certain that God understands us, accept us and trust in us. In turn, we should make the effort to understand and accept our children for who they are and the level that they are at. This is the most effective way to approach and communicate with them, in any situation.

We, parents, should be open to exchange experiences, always making use of great compassion, without being

judgmental of ourselves and others.

As Spiritist parents, we need to be a positive model to our family (1) by creating an environment in which the Gospel is part of our habits at home; (2) by involving our families in the community which shares our values; (3) by supporting our children in participating more actively in their lives; (4) by changing our mental reflexes as our children change theirs.

*(This document was created by parents at the First International Spiritist Youth Weekend on July 7, 2018 at the Sheraton Tysons Hotel in the United States of America.)*

### Crafting the Good

After lunch, all present at the First International Spiritist Youth Weekend prepared the loving bags for the homeless in the Charity Festival. The bags contained toiletry kits, cereal bars, soap, deodorant and other items.



Making Sandwiches For our brothers Homeless

Sat Jul 7 - 28, 2018



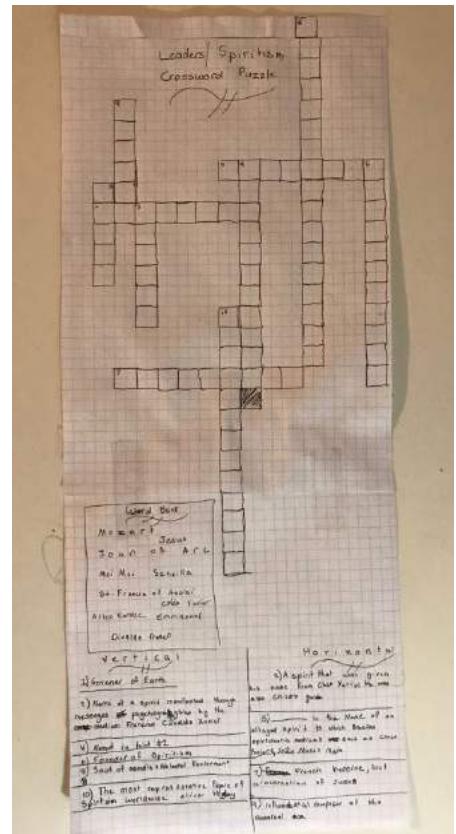
### Youth-led Workshops

In the afternoon of July 7, Spiritist teens led their workshops on six sub-themes (sexuality, leadership, service, social media, relationships, arts) with the goal of producing multimedia materials that will give a new voice to the Spiritist youth movement around the world, while helping many others. The materials are displayed in the website and will continue to be worked upon by the youth and the adult facilitators to promote changes in the current scenarios of the world.

In this picture, you have an example of a teen (11), Isabella Cabral, who created a crossword puzzle on the illuminated spirits who lead humanity to a better direction. She was part of the leadership workshop. Her intention was to create it to play with her friends.



By Bia Lopes,  
Lucas Williams,  
Julia Williams,  
Luisa Grigorio,  
Valentina  
Fernandes,  
Nathan Santoni,  
Angel Rodriguez





### Charity Festival

To provide an opportunity to put fraternal love into action, the second day of the First International Spiritist Youth Weekend held a special Charity Festival on July 8 in Washington, DC's Franklin Square Park, where it was offered free professional services for the homeless, including health screenings by medical, dental, spiritual care, as well as a meal with music and friendship through which the Spiritist youth was offered the opportunity to jointly volunteer with the parents and other adult participants volunteering at the festival. Companies such as Cuisine Solutions and My Favorite Muffin provided meals for the homeless. Also the Essene Church of Peace provided a whole organic, healthy meal in addition to it all. Faculty of the Dental School University of Maryland, Baltimore (Dr. Melo and Dr. Rambob) accompanied by the president of the Dental Student Association and other students provided free dental guidance to the homeless while distributing oral hygiene items. The Charity Festival also crowned by the presence of the music group

formed by children, teens and adults who delighted the atmosphere with joyful and healthy music.

### Closing Ceremony

To feel how much the Spiritist youth can change the world, the Closing Ceremony was held in the very Franklin Square Park after the Charity festival. To the rhythm of Amazing Grace and Heal the World, the music band led the more than one hundred volunteers to a final moment of fraternity and gratitude. Bruna Garcia (one of the teen leaders) led the final prayer. After the prayer, a wheeled-chair homeless man took the microphone and spontaneously expressed his gratitude. It was magically beautiful!

### Next Year

The Second International Spiritist Youth Weekend will happen on July 5-7, 2019 in Washington, D.C. Mark your calendars!



# Creative Interpretations

**T**hese are some of the creative interpretations that some of the teens submitted in order to win hotel accommodation for the First International Spiritist Youth Weekend. The theme of the event and the creative interpretation was

Spiritist Youth Changing The World. Enjoy their delightful and insightful creative production. And share them with the world! (More creative interpretations can be found in the website: [www.spiritistyouth.org](http://www.spiritistyouth.org))

**Spiritist Youth Changing The World**  
Kylie Ann Sophia Mattar Went

When I was trying to come up with an idea of what to write about, all I knew was that I wanted to show that the little actions are the ones that matter the most. The heart-shaped Earth symbolizes the need for change. In the middle of the heart, there is a huge crack symbolizing all that needs to be fixed, which is why it is colored in grey. Around the crack, there are characters representing all the youth coming together and trying to fix and patch up the Earth. To fix the world we need to look beyond our differences and unite. To patch up the Earth and change the grey to blue, people need to use something to fill the gap, just like how roads need to be filled when cracked. Also, around the heart, I have listed small acts of kindness that people could start or continue doing, but the twist is that, as the acts go around the heart towards the bucket, they become the filler in the bucket. Then, on the sides of the hearts, I wrote two phrases which are written in red because the red color stand for compassion and kindness—and compassion and kindness go hand in hand. One kind action will lead to another, bringing the changes so needed to help heal our world.

By Kylie Ann

## Fill Them With Love

You see the world  
You see the hate, you see the war  
No open door  
No open door  
You see the pain  
In all the faces, all the places  
See no stand  
You see no stand  
Open up their minds and  
Show them that you can  
Live a life without any  
Pressures or demands  
Open up your heart and  
Show them what's inside  
And fly, fly, fly  
Cause I have hope in all of us  
All our souls are filled with love  
Just look in and open up  
And fill them with love  
We all have to be free  
Spread happiness, no misery  
Join our hands and rise above  
And fill them with love  
And fill them with love  
And fill them with love  
You see the fear  
No open mind, they are so blind  
To all the tears

## **Spiritist Youth Can Change the World**

To all the tears  
You see no light  
You see violence see the hatred  
Through the night  
Through the night  
Open up their minds and  
Show them that you can  
Live a life without any  
Pressures or demands

Open up your heart and  
Show them what's inside  
And fly, fly, fly  
Cause I have hope in all of us  
All our souls are filled with love  
Just look in and open up  
And fill them with love  
We all have to be free  
Spread happiness, no misery  
Join our hands and rise above

And fill them with love  
And fill them with love  
And fill them with love  
Come on let the love in  
Come on spread the love out  
Come on let the love in  
And spread it all, spread it all about  
Ohhhhhh  
Cause I have hope in all of us  
All our souls are filled with love  
Just look in and open up  
And fill them with love  
We all have to be free  
Spread happiness, no misery  
Join our hands and rise above  
And fill them with love  
And fill them with love  
And fill them with love

(This music by Javian Pereira can be found in the website [www.spiritistyouth.org](http://www.spiritistyouth.org))

By Javian Pereira

In the world we live in today,  
We face difficulties everyday  
The depression rates are increasing  
And they show no signs of ceasing

Why so much despair?  
Why don't people care?  
Their screams are never heard  
Words are never spoken  
Silence, depression  
Dreams and hearts are broken

We must have hope that our generation  
Will bring many great transformations  
This can be achieved  
With youth and Spiritism  
We can use our beliefs  
To help others who are in need

By spreading the Spiritist values  
We can help them understand  
That even though we do not see it  
We and God work hand in hand

This will only improve our lives  
Because those who accept God  
Know they are not alone and  
Believe they can face the odds

The Spiritist youth has a responsibility  
To help this world with their creativity  
Spiritism helps all of us to see  
That we have all that we need  
To lead a life and conquer our dreams  
And have endless possibilities  
Everyone has a mission to accomplish  
So never think you're too small  
If you really want to change your situation  
With a little faith and dedication  
You can change it all

By Gabriella Silva

## Spiritist Youth Can Change the World

In the world today our generation has shown that it doesn't take age in order to make a change, all you need is competence. Being young is to have no limits in how far you can dream, it is to imagine a world of possibilities. Grownups can call it naive or a lack of experience, but it is a beautiful quality that maybe we can all share. Positivity, a belief in the tomorrow better for all of us. With Spiritism I am a incarnated spirit. It is through my work at the center that I experience different parts of my heart.

Youth also means tolerance with all the differences across the globe. No matter where we come from many times we all share the same conflicts and needs. Being a Spiritist is religious freedom, we can understand faith in another perspective. We can be inclusive with all different beliefs and spiritual needs of different people.

When you add all the assets of being young with Spiritism it is a combination that can guide us through life. During our youth the darkest times of our life might unfold. The difficulties in finding who we are and the pressure of the grown up world. "You need to make money, be successful..." can be hard to cope with. Every day I see myself fighting with another stereotype I should be living or doing. It is only Jesus that guides me through the roads of my life. It is Jesus, in the light of Spiritism that gave me a new life. All moments of difficulty I know I have my loving Jesus to guide my steps.

It is through Spiritism that we can learn what other things I am here in this earth for. It first present us with a loving and just God. Something I didn't know could exist. The difficulties of people used to cause me pain, and anger. Nonetheless, today everything makes much more sense with all I've learned with the Spiritist doctrine.

The Spiritist youth can change the world like any other young adult out there in the world can change their home, their community, their personal life. However as a Spiritist is easier because I don't need to convince anyone to be Spiritist, to go to the center, or to believe in the same things I do. It goes beyond that, it is a call of love, of science and philosophy. It is an opportunity for coherence, to fight for our common goal which is to love one another like family.

We can influence the world with our example. There are so many opportunities to work, and to make difference. It is only through work that we can practice the virtues we learned in the laws of nature. Service is the way to acquire the virtues we need so much in order to grow. There is no better way to learn something if not with practice.

Spiritism youth can change the way we interpret sexuality. The power we have as co creators with God. The importance of taking care of this energy so we don't

harm ourselves or others. The importance of wisdom when starting to explore our sexuality. These are things that we can practice ourselves and that have an influence in our friends and family. The importance of leadership at the center, at work or school. There he always a moment where we can take the lead, for example when we don't want to do something that we believe is not good for us, or someone else. We might have to be the different one, which many times can be difficult. However, when I think about everything I learned at the center it is easier to make a change.

By Natasha Zaneluk



By Juno

Us  
Us together  
As a band of hope  
As a loving group  
As caring hearts  
As force of peace  
As a class of charity  
As teachers of Jesus' teachings  
Us making the world a better place.

By Isabella Cabral



**Emily Carreiro**

In my drawing I tried to express how the world rotates around the actions of children and youth. Our youth are the next generation. We will be the ones to make a difference. No matter how big or small the action children will always impact society. Children and youth of Spiritism are special. We can understand things in a different way than many people. We have the opportunity to change the world for the better.

The people holding hands represent how children will grow up to be bigger influences and will help to guide the next generation of youth. The three symbols represent peace, love, and harmony. Peace is the freedom to change the world. Love is because everyone needs affection to do what they are passionate about to make a change. Harmony is needed to be able to have peace. Jesus is there to show that we will always need him in spirit and mind when achieving our goals. In the middle of the cycle is Allan Kardec because without him many people wouldn't know their capabilities or worth. I believe my drawing shows the main points of how youth can change the world.



# Envy

> Divaldo Franco

**A**mong the imperfections of human character, envy is a direct descendant of selfishness and it stands out as a dissolving manifestation of moral imperfection.

Many tragedies that occur in society are spurious fruits of the cultivation of this execrating conduct.

The terrestrial existence has as a psycho-sociological purpose, taking into account the gregarious instinct, the preservation of solidarity, which is established in the fraternal aid that must exist between all people and vice versa.

Notwithstanding this imposition of survival, a large number of human beings opt for competitive behavior, unable to rejoice in the conquests and joys of their neighbors on the ascension journey.

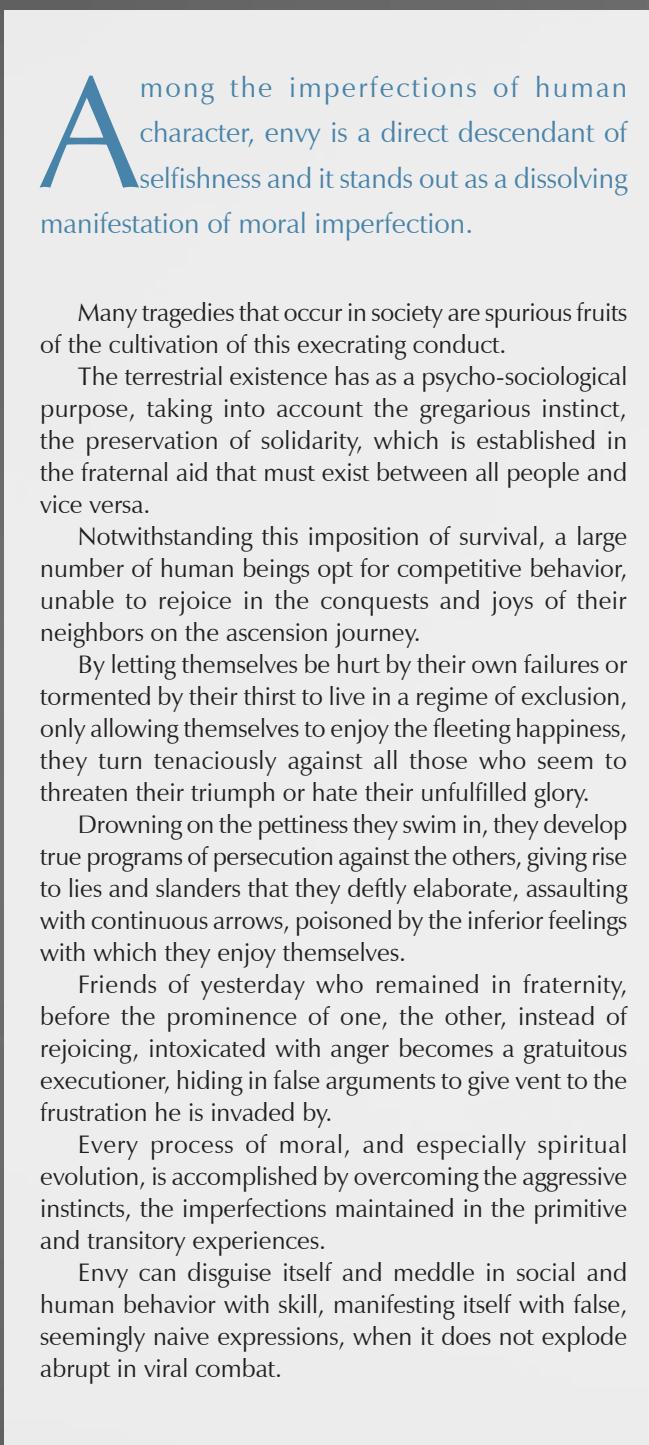
By letting themselves be hurt by their own failures or tormented by their thirst to live in a regime of exclusion, only allowing themselves to enjoy the fleeting happiness, they turn tenaciously against all those who seem to threaten their triumph or hate their unfulfilled glory.

Drowning on the pettiness they swim in, they develop true programs of persecution against the others, giving rise to lies and slanders that they deftly elaborate, assaulting with continuous arrows, poisoned by the inferior feelings with which they enjoy themselves.

Friends of yesterday who remained in fraternity, before the prominence of one, the other, instead of rejoicing, intoxicated with anger becomes a gratuitous executioner, hiding in false arguments to give vent to the frustration he is invaded by.

Every process of moral, and especially spiritual evolution, is accomplished by overcoming the aggressive instincts, the imperfections maintained in the primitive and transitory experiences.

Envy can disguise itself and meddle in social and human behavior with skill, manifesting itself with false, seemingly naive expressions, when it does not explode abrupt in viral combat.





The envious one, without a doubt, is very unhappy, because he suffers from disturbing emotions, with which he harms himself.

In turn, the thought emitted makes itself bearer of a wave of negative energy that often reaches the one against which it is directed, as long as he tunes mentally in an equivalent vibratory range.

The excellent quality therapy for victory against envy is the effort that must be offered for the good of all, helping without hesitation, in order to contribute to general happiness.

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Source: Published in the newspaper *A Tarde*, column Opinion, on 07/12/2018

# Half Good

> Emmanuel (Spirit) / Chico Xavier (Medium)

INSIGHT



"... But small is the gate and narrow the road that leads to life and only a few find it." Jesus. Matthew 7: 14. (The present quotation was taken from the Gospel texts)

"... Beloved brethren - take advantage of these lessons; it is difficult to practice them, but the soul harvests them immensely well. Believe me, make the sublime effort I ask you to "love" and you will see the earth soon transformed into paradise, where the souls of the righteous will come to rest. Chapter 11: 9. (This quotation was taken from Allan Kardec's "The Gospel According to Spiritism.")

**O**ften we are come across those who admire the love towards the neighbor and who, without the courage to cut off the roots of self-attachment, indulge in activities of the half-good, remaining involved in the movement of evil.

They lend valuable help to those who administer, but they demand favors and privileges, thus causing difficulties.

They finance beneficent endeavors, distributing true beneficences, yet they levy tributes of gratitude, thus multiplying problems.

They enter suffering homes, being made necessary by the affection that they demonstrate, but they ask for concessions that end up hurting like hard blows.

They offer precious cooperation to help others' afflictions; however, they require special attention, thus creating embarrassments.

They feed the needy and put burdens on their shoulders.

They welcome the less fortunate children, reserving the yoke of servitude in the family shelter.

They praise companions so that these same companions may set a throne for them.

They protect friends by turning them into puppets and slaves.

We are not unaware that every cultivator expects results from the cultivation of which they are engaged, nor do we ignore that sowing and harvesting according to agriculture constitute mathematical operations in the mechanism of the Law.

Let us examine here only the strange attitude of those who do not deny the efficacy of self-denial, but surrender to the frenzied selfishness of those who tend to distribute five coins to help others with the intention of obtaining five thousand coins.

Indeed, the minimum good is divine light if carried out without hidden agendas, as in the case of the humble widow of the Gospel that stood out in the teachings of the Christ for having yielded of herself the simple importance of two pennies without any condition.

In this way, let us be wary of the system of the half-good, where evil insinuates itself, poisoning the source of good works.

Half-built road causes accidents.

Vipers enter the house through breaches.

The good asks for total giving so that the good of all can be manifested in the world.

That is why the good must be practiced with absolute disinterestedness and indefatigable devotion, without it being lawful for us to claim any good.

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Source: Book Livro da Esperança by the Spirit-author Emmanuel through the psychography of the medium Chico Xavier, chapter 68, published originally by the Comunhão Espírita Cristã.

# Spiritist Youth

> Beatriz Lopes

**S**piritist youth can learn and grow,  
from always reaping what they sow.

Spiritist youth can read and study,  
and then discuss with a Spiritist buddy.  
Spiritist youth can help each other,  
treating all people as sister and brother.  
Spiritist youth can instruct and teach,  
the Spiritist Doctrine consistently in their speech.  
Spiritist youth can direct and lead,  
no matter how big or small the deed.  
Spiritist youth can think and pray,  
to talk to God each and every day.  
Spiritist youth can spread endless love,  
as taught to them by the divine above.  
Regardless what obstacle is thrown or hurled,  
Spiritist youth can change the world.

Bia Lopes is the host  
of Kardec Radio for Teens.





# *Seeking Peace*

> Eurípedes Barsanufo (Spirit) / Corina Novelino (Medium)

**B**rothers and Sisters, may the peace of the Divine Master be in your hearts!

Faith represents a set of spiritual achievements acquired by the individual over the centuries.

This is why there are varied degrees in the manifestations of faith. Some have it to a more advanced degree; others only begin the ascent of the first steps of the infinite ladder of faith.

In all, the processes of consolation and hope are promising fruits of the state of trust in which they are depositaries of absolute or relative certainty in a higher power.

Beloved brethren: Arm yourselves with this edifying confidence and you will be led to beautiful regions of concrete hope and renewing stimulus.

Positively, life on Earth is only a minute in the clock of eternity.

Take advantage of this precious moment - this is the greatest imposition of the soul in a redemptive journey through the world of shadows, which is the Earth.

“But how to enjoy this moment well?” you will ask.

We will answer to you: seek peace in your consciences by the sacred fulfillment of the duties towards the neighbor.

Our neighbors represent Christ himself, in line with our moral obligations towards him.

For if we wish to our brother what we desire for ourselves, it is to the very Christ that we aspire to grant the beneficent action of our thoughts.

If we do not do to our neighbor what we do not want for ourselves, it is Jesus whom we seek to serve.

How many new ways are presented to our understanding in the sense of the duty towards those who live beside us! The service of the good is infinite and it offers multiple opportunities of constant exercise towards love.

Here are some fundamental rules that will greatly contribute to the raising of the edifice of our inner peace and, consequently, of our future happiness.

- Seek the renewal of thoughts every day under all circumstances.
- Cleanse the mouth with the antiseptic of the good word at all hours, at the most difficult instants.
- Bring the comfort of the vibrations of the good word to all creatures, even to those who want us ill. Particularly to those who impinge suffering, we must raise the good thoughts of forgiveness and tolerance.
- Give to all individuals the witnessing always present of legitimate understanding, which is expressed in the forgetfulness of offenses.
- Let us never deny the tender friendship of our solidarity with those who suffer.

May Jesus help us on the rise to the Father!

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Source: This message was psychography by Corina Novelino in Sacramento, MG, on September 5, 1955. This message was published in the book Eurípedes: O Espírito e o Compromisso, page 153, Editora Esperança e Caridade. This message is part of an online study named Moment of Harmony by Kardec Radio. Watch its studies on Kardec Radio' YouTube channel.

# *Less Weapons, More Love*



➤ Claudio Sinotti, Psy.D.

With significant advances in various areas of knowledge and technology, the times we live in make us feel the human struggles very intensely. It challenges the modern woman and the modern man to raise the high flights of the soul to which they are destined, according to the law of progress.

However, issues of the past, that is not so far behind, of primitive beings just out of the caves, show us that there is still a long way to go for the conquest of consciousness. Humanity cannot label themselves "master of themselves", although they fool themselves into believing so, because according to Carl Gustav Jung, "until he is able to control his moods and emotions...he certainly will not be master of himself".

It is not necessary to go very far to prove that we are distant from full consciousness, and that the psyche and our emotional world are still great mysteries to be deciphered. Often leading to suicide, psychopathologies, in their various manifestations, have presented alarming rates; and parallel to this

situation, violence, in its different forms, knocks at our door, penetrating our homes in an increasingly worrisome way. These are signs that aggressive instincts still find shelter in human behavior; in the violence that the individuals practice against themselves and also against others and society.

Disbelieving the noble values of life, many of us give up seeking a peaceful and harmonious solution to the serious problems we face, and begin to nourish the idea that, in order to combat violence, weapons of violence must be intensively used. Not only there are echoes of the idea that we need to arm ourselves more, but also increase punitive means such as the support to death penalty. The primitive being thus demonstrates that it still prevails above the spiritual being that we all are in essence and which continues dormant in our inner world.

What will be the way out of all that we live?

There is no magic recipe for the resolution of crises other than the conscious confrontation of all issues that concern us individually and collectively. This happens through the conscious decision of the individual to know and to improve themselves, as well as the construction of educational and social mechanisms that provide the awakening of a new consciousness, so that we can establish



a more harmonious and respectful experience among human beings.

Some therapies have proven to be excellent for building a culture of peace and love, and are available to everyone, such as:

#### DAILY PRACTICE OF REFLECTION AND MEDITATION

This habit must be stimulated in schools with children and young people, at work, in religious groups, and in all environments where we are able to implement it. Serious research, such as those conducted by Dr. Richard Davidson<sup>1</sup>, proves the beneficial effects of meditation for a healthier and more conscious life. In India, there have been reports of a positive experience of including meditation in prisons<sup>2</sup>, with excellent results. Brief daily moments can result in benefits for a lifetime.

#### FAMILY DIALOGUE

Family dialogue, which can happen during meals, is an excellent therapy for family members to build stronger bonds of affection. This habit is useful so that the family can perceive when one of the relatives is going through some challenge that is not able to handle, as well as to share joys, achievements, and perceptions. In the rush of modern life, some healthy habits have been left aside, compromising our emotional, physical, and spiritual health.

#### GOSPEL IN THE HOME

Family prayer, reflection on moral and spiritual values, provides a reassessment of our attitude, as well as the serenity needed to deal with challenging issues without despair. Furthermore, it favors spiritual guides to find in our homes the harmony necessary to inspire us, to protect us, and to direct our efforts for a healthy spiritual life.

#### PRACTICE OF CHARITY

Donating things is important, especially when the lack of material things is present, but giving of oneself, of one's own feelings, is a lever of transformation, because, while it mobilizes us to love, it also helps us to connect with others in a deeper way. In addition, it stimulates one who undergoes difficulties to overcome himself and to find the

strength to get out of the arduous situation if possible, or to resign oneself and find a deeper meaning in life, when one experiences limiting factors.

In more serious cases, when the behavior of a family member requires more urgent care, we shall not neglect the search for professionals in the field of behavior, so that, in conjunction with the above therapies, science can do its part with the advancements that it has already available.

These are a few examples of what we can begin to do, and that is within everyone's reach. We can no longer surrender to violence or despair, believing that hatred will lead us to answers to the problems we face. We have already made this choice for a few millennia with disastrous results, which led us to the level of imbalance that we can verify nowadays.

This is the moment, therefore, to choose love as a solution, as proposed by the benefactress Joanna de Angelis<sup>3</sup>:

“...the force of love will eventually overcome the strong barriers of impiety and materialism of this vile sentiment, and will gradually install the foundation of human respect, which expands in favor of Nature of the planet, of every expression of life that manifests in it...”

When we choose to love, we will be revolutionizing our lives and the world in which we live.

It is no wonder that Jesus taught LOVE as the greatest of all commandments, and exemplified it throughout His journey.

#### References:

1. Davidson's Book *The Emotional Life of Your Brain*.
2. [https://prisonyoga.org/wp-content/uploads/2013/01/benefits\\_for\\_prisoners\\_india.pdf](https://prisonyoga.org/wp-content/uploads/2013/01/benefits_for_prisoners_india.pdf)
3. *O Amor como Solução*. Leal Editora

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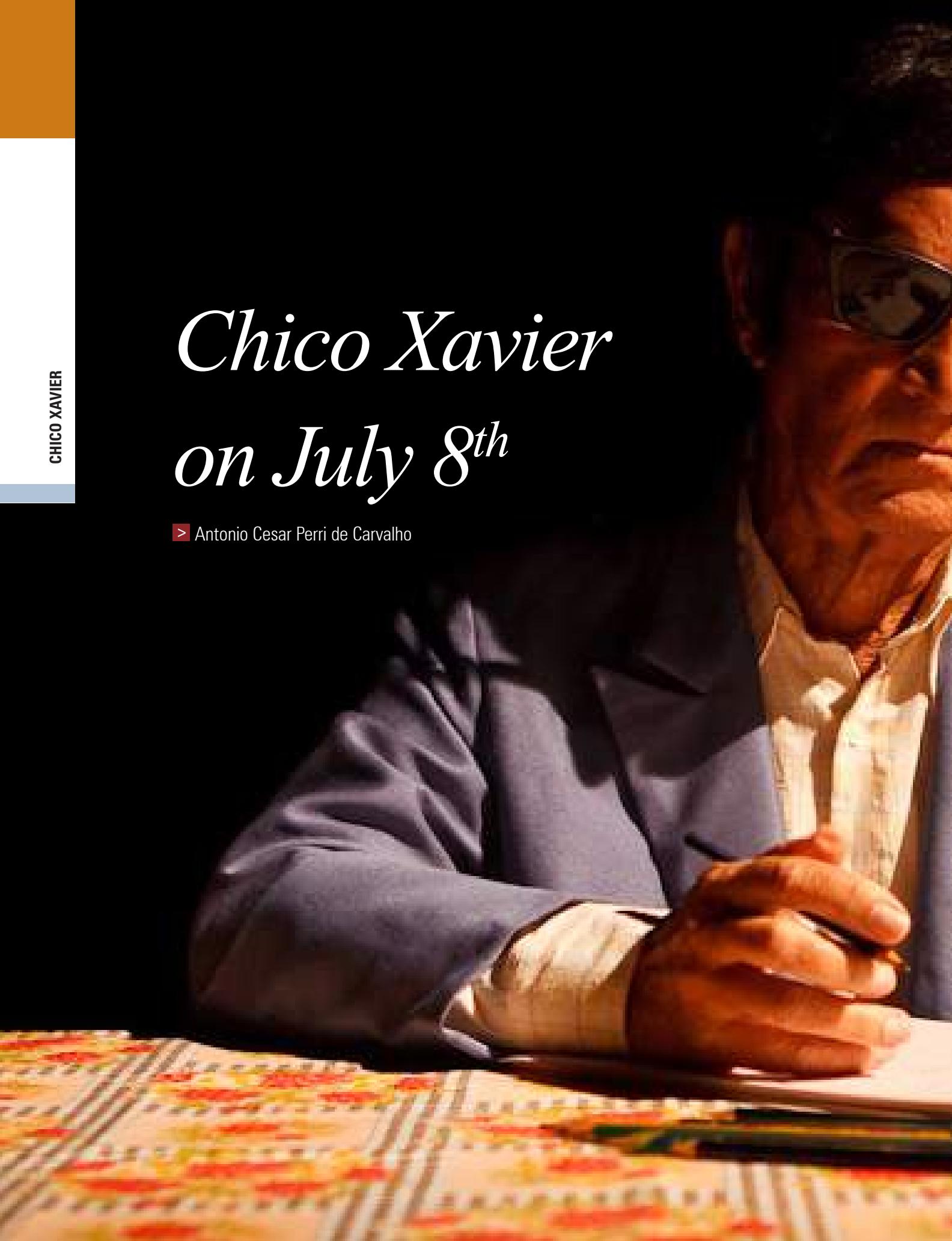
Claudio Sinoti is a clinical psychologist in Brazil. As Spiritist, he and his wife Iris have been leading the psychological studies of the works by Joanna de Angelis through the books psychographed by Divaldo Franco. The current article was first published in The Journal of Psychological Studies, issue 56 (<http://www.spiritistps.org>).



# *Chico Xavier*

## *on July 8<sup>th</sup>*

► Antonio Cesar Perri de Carvalho





**J**uly 8 marks some important events in the mediumistic trajectory of Chico Xavier, in the days when he resided in Pedro Leopoldo.

On that day, in 1927, a few days after the founding of the Luiz Gonzaga Spiritist Center, there was the recording made by the medium himself of his first psychography. He detailed it in an interview at the historic meeting of July 7, 1927. He commented that the Spirit-author did not identify himself, having signed as "a Spirit friend". Chico Xavier recalls the episode:

"We were in a public meeting and after the Gospel, Mrs. Carmen Peracio, medium of many faculties, transmitted the recommendation of a spiritual benefactor so that I would take the pencil and try psychographing. I obeyed and my hand suddenly wrote seventeen pages of spiritual duties ... I felt joy and fright at the same time. I trembled a lot when I finished."(1)

Chico Xavier reported in his pioneering book "Parnaso de Além Túmulo" the blossoming of his psychography:

"We then resolved with great sacrifice to gather together a nucleus of believers for the study and diffusion of Spiritism, and it was in those meetings that I developed myself as a writing medium, semi-mechanical medium, feeling very happy for this opportunity to progress, hence the entry of my humble name into the Spiritist newspapers, where I began

to write under the inspiration of the good spiritual mentors who were watching us."(2)

In just 60 days, the young Chico Xavier became a Spiritist, founded a Spiritist Center and psychographed for the first time. It was the striking and decisive beginning of a long trajectory of renunciation, dedication, love and spiritual enlightenment!

Five years later, in 1932, his first book, quoted above, was published by the Brazilian Spiritist Federation, composed of poems by Brazilian and Portuguese discarnated authors. It was a historical landmark and a major impact on the Brazilian literature.

On July 8, 1941, the Spirit Emmanuel concluded the writing of the work "Paul and Stephen" by writing its preface entitled "Brief history". This historical novel psychographed by Chico Xavier is considered his masterpiece.

The 8th of July marks historic events in the life and work of Francisco Cândido Xavier. It is time to value and spread the proficient and prodigious work of Chico Xavier!

#### References:

1. Barbosa, Elias. *No mundo de Chico Xavier*. 2.ed. Cap. 2. Araras: IDE. 1975.
2. Xavier, Francisco Cândido. *Espíritos diversos. Parnaso de além túmulo*. 19.ed. Palavras minhas. Brasília: FEB. 2010.

# *Spiritist code of conduct for Parents*





**A**s parents, we shall continuously work together on creating an environment of spiritual growth, focused on the divine laws and moral values given by Christ Jesus.

We, as Spiritist parents, should lead by example and with love, giving our children tools to guide them through their spiritual growth.

We, as Spiritist parents, should accept ourselves as apprentices in the path of evolution. We should be certain that God understands us, accept us and trust in us. In turn, we should make the effort to understand and accept our children for who they are and the level that they are at. This is the most effective way to approach and communicate with them, in any situation.

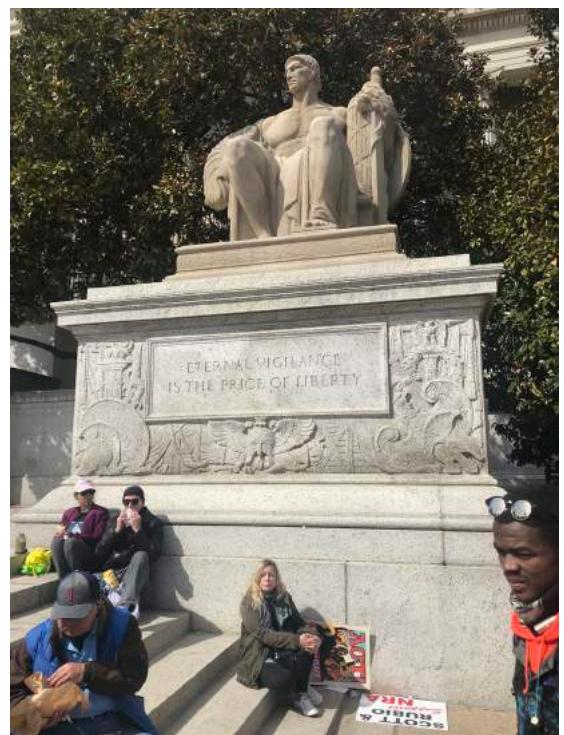
We, parents, should be open to exchange experiences, always making use of great compassion, without being judgmental of ourselves and others.

As Spiritist parents, we need to be a positive model to our family (1) by creating an environment in which the Gospel is part of our habits at home; (2) by involving our families in the community which shares our values; (3) by supporting our children in participating more actively in their lives; (4) by changing our mental reflexes as our children change theirs.

*(This document was created by parents at the First International Spiritist Youth Weekend on July 7, 2018 at the Sheraton Tysons Hotel in the United States of America.)*

# On the Gun Debate

> Valerium (Spirit) / Waldo Vieira (Spirit)



These photos were taken at the March For Our Lives on March 24, 2018, in Washington, D.C. Kardec Radio was present in support to it



The young man would periodically polish his expensive gun.

The cooperation in the work and the relief in the ordeal;

He would admire it.

Lubricate it.

Reexamine it.

Try it out.

One day, someone asked him:

"Are you a hunter?"

"No." he answered.

"What do you have the weapon for?"

"It is only a valuable object of my esteem."

And he put it away again.

One day, he was repeating the careful cleaning operation, when he unconsciously moved a finger and the gun went off, projecting the only bullet in the barrel onto one of his feet, forcing him to a severe hospitalization of a few days.

The simple lesson points out the attitude of alertness that we should sustain towards everything that may be inconvenient.

Sometimes, through selfishness or pride, we maintain things in order to make a good impression upon the majority of people, on many occasions betrayed in the field of prejudices.

However, the moment will always come when we become victims of a backfire.

Spiritist, brother or sister, do not forget in the everyday experience, that everything which is not useful, is really not useful at all.

Source: Book Bem-Aventurados os Simples by Valerium through the psychography of Waldo Vieira published by FEB. Kardec Radio produced a video animation in collaboration with Luis Hu. You may find it in the link: or in Kardec Radio's YouTube page. book. You can find it at Kardec Radio's Facebook page and/or its YouTube page.

# The Four lives of Lupi

I REMEMBER A VERY ANCIENT INCARNATION IN EGYPT MANY CENTURIES AGO.

I AM LUPI. MY NAME COMES FROM THE ENGLISH WORD "LOOP", LASSO. REINCARNATION IS LIKE A LASSO THROUGH WHICH WE RETURN TO LIFE AND LEARN SOMETHING NEW.

WOULD YOU LIKE TO KNOW MORE ABOUT MY ADVENTURES?

THIS DOG REMINDS ME OF LUPIKAMON. THE EMPEROR'S DOG!

I AM GOING TO TAKE A BATH IN THE NILE RIVER.

THESE ARE THE FIRST SPIRITUAL REVELATIONS! THE FIRST GREAT LAWS OF HUMANITY!

I HAVE TO SHOW YOU THESE COMMANDMENTS.

REALLY! WHICH ONES, MOSES?

HERE ARE SOME OF THEM: LOVE GOD ABOVE ALL THINGS.

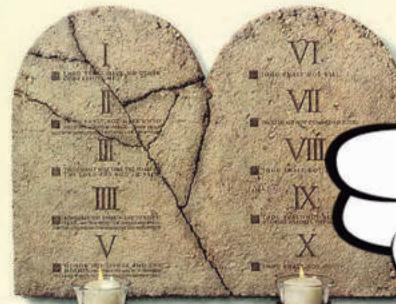
DO NOT STEAL. DO NOT LIE. DO NOT COVET. WOULD YOU LIKE TO KNOW MORE?

DO NOT BETRAY. DEVOTE ONE DAY TO PRAY TO GOD AMONGST OTHER THINGS.

WAIT, MOSES! I KNOW! DO NOT BITE!

HA, HA, HA! IN REALITY, NO, LUPI. LET'S MOVE ON...

AND THESE WERE THE COMMANDMENTS I LEARNED IN THIS LIFE.



IN ANOTHER EXISTENCE,  
I LIVED IN ROME.



I WAS THE DOG OF A  
SENATOR NAMED  
PUBLIUS LENTULUS.



LET'S GO, LUPI. I  
HAVE TO TRAVEL TO  
THE PALESTINE.

WHEN WE ARRIVED,  
I GOT LOST. DO  
YOU KNOW WHO I  
FOUND?

HI, LUPI. COME HEAR  
THE GOOD NEWS:

LOVE YOUR  
NEIGHBOR AS  
YOURSELF!

THIS JESUS IS  
SUPER COOL!



DO YOU THINK  
HE MIGHT TELL  
ME TO TAKE MY  
BONE AND  
FOLLOW HIM?

MUCH LATER, I MET  
PUBLIUS LENTULUS  
AS HE WROTE TO THE  
EMPEROR ABOUT  
JESUS.

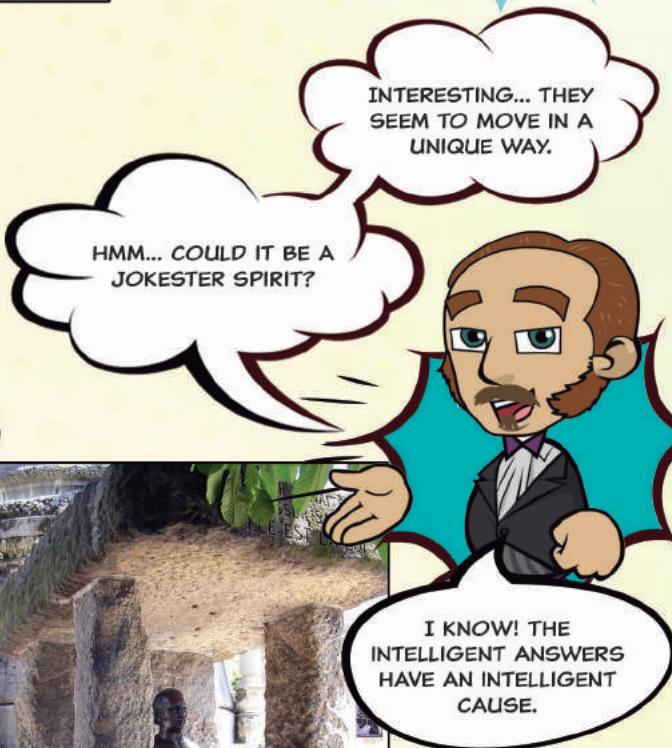
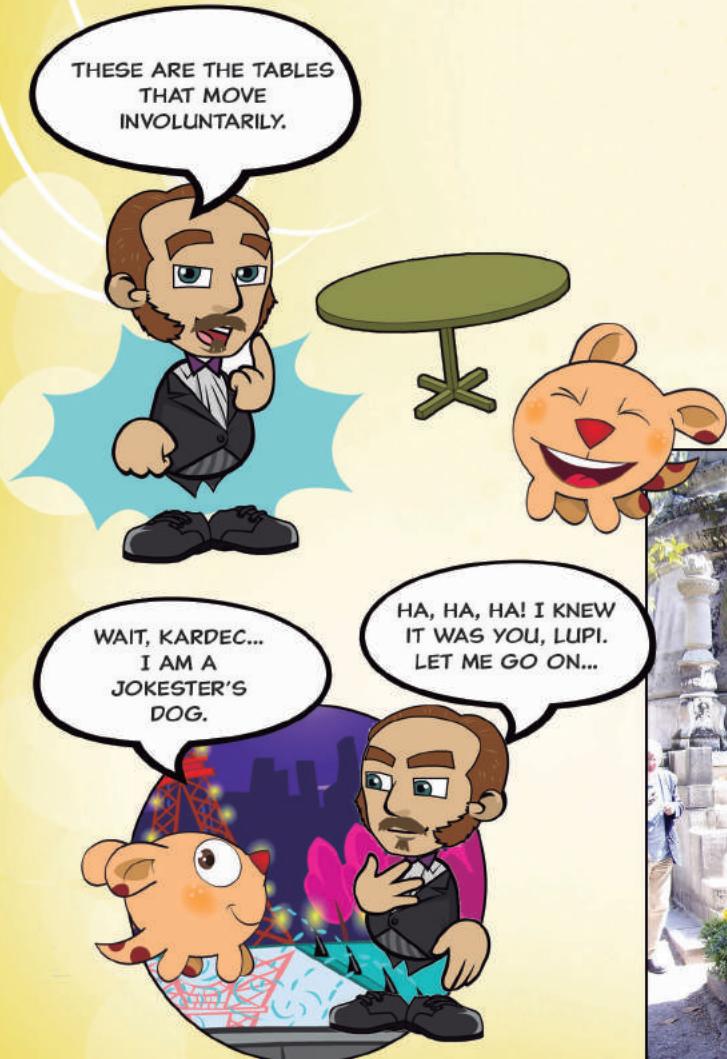
JESUS IS A BEAUTIFUL  
PROPHET WHO TALKS  
ABOUT THE GOSPEL AND  
THE GOOD NEWS TO  
HUMANITY.



AND THIS IS  
HOW I GOT TO  
KNOW THE  
SECOND  
REVELATION!

I WAS ABOUT TO  
FORGET: PUBLIUS  
LENTULUS LATER ON  
BECAME KNOWN AS  
EMMANUEL, CHICO  
XAVIER'S MENTOR.





I KNOW! THE INTELLIGENT ANSWERS HAVE AN INTELLIGENT CAUSE.

AND IT WAS IN THIS WAY THAT I GOT TO KNOW THE THIRD REVELATION.

AND MY LAST REINCarnation  
WAS IN BRAZIL.

IT WAS THERE  
THAT I MET MANY  
FRIENDS!

HI, LUPI.  
I AM BRINKY.

HI, LUPI. CAN WE SAY  
A PRAYER...

TO CONNECT TO  
THE GOOD SPIRITS!

I WOULD LIKE TO  
INTRODUCE YOU TO  
A VERY ILLUMINATED  
MEDIUM.

HI LUPI. DO YOU  
REMEMBER WHEN WE  
WERE TOGETHER IN  
ROME?

I WOULD LIKE TO  
HELP PEOPLE,  
TOO.

PUBLIUS, I MEAN  
EMMANUEL! IT IS SO GOOD  
TO SEE YOU AGAIN! I WISH  
YOU COULD HELP ME TO  
BECOME A DOG MENTOR.

TO DO THIS YOU NEED  
DISCIPLINE, DISCIPLINE,  
AND DISCIPLINE.

AND THERE'S MORE:  
YOU NEED TO LOSE  
WEIGHT. YOU HAVE TO  
LEARN TO EAT WITH  
MANNERS!

OK, SO I'M GOING  
TO LEAVE THAT FOR  
MY NEXT  
INCARNATION.

THE END

# What We Need In School Instead of Mandated Prayer

► Heather Bollech-Fonseca

**F**or as much as I believe in God and the power of prayer, I'm often surprised by the calling for mandated school prayer.

Don't get me wrong, I'm not opposed to the idea of people praying together in school, per se; truth be told, I'd be in favor of it \*if\* we all had the same spiritual beliefs. But we don't. We are a very diverse society, not to mention the fact that we live in a country founded on a number of core principles, one of them being religious freedom. Our children come from different families and cultures, with different religious and non-religious backgrounds. Even that statement could open a whole separate discussion on what it means to religious, or even spiritual, etc. Therefore, while nothing should ever stop a child who wants to pray on his or her own from doing so, I find myself at odds with the idea of making group prayer an organized activity in a public school.

Aside from the above, when I see people shaming the absence of mandated prayer time in school, I wonder to myself, how many of those protesters are stressing the importance of prayer at home, with their own children. The home is such important place for children to learn about spiritual and moral principles, as well as for parents who believe in the importance and utility of prayer to teach that to their children. Perhaps the energy spent trying to socialize a need for mandated prayer would be better invested if we were to encourage one another to make prayer a priority in the home.

Furthermore, and perhaps even more importantly, an absence of prayer in school does not have to mean an absence of God. Without forcing anyone to pray or to pray in a certain way or with certain terminology, we can still bring God into our schools; we can do this through the very values we help our children carry as they walk into school each day and interact with their fellow classmates. We must take the time, at home, to teach our children (both by words and by example) about kindness, humility, respect, forgiveness, and patience. We have to educate them about the importance of empathy and helping others. We should encourage them to stand up for others unable to defend themselves. We need to help them develop courage as they face different challenges. We ought to instill in them a love of nature. And the list goes on.

In light of recent events in our country, I have seen this wording displayed on t-shirts, posters, and memes, as well as being illustrated in comics and used for points in debate.

"Dear God,  
Why do you allow so much violence in our schools?  
Signed,"  
- A Concerned Student.

"Dear Concerned Student,  
I'm not allowed in schools."  
- God





Well, in reality, God is always allowed in schools. Ironically, our religious freedom granted by the US constitution actually protects the rights of all individuals, including students, to pray on their own in accordance with their particular beliefs should they desire to do so. I'm thankful for this because, as a Spiritist, to me prayer is very important. I believe it is important for children to be taught both why to pray and what it means to pray and that we as parents and other caretakers in their homes and spiritual communities should help them develop the practice. Like the moral values mentioned above, children can take this with them wherever they go, including school. They can know that when they want to ask God for help from or give thanks, they only need to direct their thoughts to God or to their spiritual mentors.

That said, if God is allowed but not brought into school as we'd like, that is evidenced by different circumstances than what the above-mentioned wording alludes to. Instead,

if we taught children to be compassionate,  
if we nurtured our children's emotional intelligence and taught them kindness and respect, and  
if we put more emphasis on resolving and preventing bullying,

then, with this to begin with, God would be more present than ever in our schools.

Furthermore,

if we could ensure that all children had the chance to learn on full stomachs and well-nourished bodies,

if we could make certain to include the arts as a part of every child's education,

if our schools could be adequately staffed, with enough teachers for healthy class-sizes and with enough counselors to give children and parents the attention they need, and more,

we'd go even further to bring God's love to children and those whom we entrust with their care during some of the most formative years of their lives.

◊◊◊

Rather than prayer or even the mention of God by name in public schools, we sincerely need the essence of God – love and compassion.

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Heather Bollech-Fonseca is the founder and coordinator of Explore Spiritism ([www.explorespiritism.com](http://www.explorespiritism.com)) as well as the author of the book *Changing Lives With Spiritism*.

# Online Spiritist Youth Forums

On May 19 and June 9, Kardec Radio led a pioneering effort to bring the Spiritist youth to the forefront of its program. Titled Giving Voice to Spiritist Youth, Kardec Radio's host Vanessa Anseloni talked to several Spiritist youth from different countries, such as Bia Lopes, Luiza Grigorio, Mahala Geronasso, Thiago Garcia from the USA, Adriana Diniz from the Brazil, Livia Diclei from Canada, Felicia Willemse from South Africa. They also participated as some of the teen leaders in the First International Spiritist Youth Weekend. You may watch both forums at the YouTube channel of Kardec Radio.

## *The First Online Spiritist Youth Forum*



## *Second Online Spiritist Youth Forum*



# 15th Family Spiritist Retreat



15th Family Spiritist Retreat happened on July 29th 2018 at the Old Mine Park in Trumbull, CT. Coordinated by several northeastern Spiritist organizations in the United States, the event gathered hundreds of people under the theme "What is your super power?" Fun, family and Spiritist teachings brought all to joy and accomplishment in Christ. Mark your calendar for the next year event. More information at [www.familyspiritistretreat.org](http://www.familyspiritistretreat.org)

Lily Dale Assembly Workshop Program

Friday June 29 - Sunday September 2, 2018

*A Vision for the Future*



[www.lilydaleassembly.org](http://www.lilydaleassembly.org)



**Second Spiritist Weekend**  
Lily Dale, NY - USA

July 13-14 2018

**Workshops**

**Spiritist Painting - Vanessa Amador**  
July 13 - 2:00pm - 5:00pm - Octagon

Spiritism is an open learning school. And yet, there is no room for stagnation and resting. The Spiritist teachings offer a deep and rich knowledge that can be applied in our daily lives. This workshop aims to offer spiritual education both for parents and their children. This workshop will cover both theoretical and practical exercises to reinforce parenting excellence in today's world.

**Vanessa Amador, Ph.D. PhD** is restaurateur and psychologist. CEO and founder of the School of Creativity. She worked as a research consultant at the University of Massachusetts to pursue

**Mediterranean Painting - Maria Gertrudes**  
July 13 - 7:00pm - 10:00pm - Auditorium

Under the safe guidance of the Spiritist framework, Maria Gertrudes will conduct a Mediterranean painting workshop to promote reflections and healing with art. It is an evening for spiritual art observers, who will learn to express their innermost feelings, intuition, response and resilience in the form of painted canvases.

**Painters or those interested in people who "paint or draw under the influence of the spirit".**

**Reading Mediumship - Spiritist Mediums Ricardo Melo**  
July 14 - 9:00pm - 12:00pm

Reading Mediumship with the spiritual Medium Ricardo Melo (Spiritual Empire) - we can do the healing work as well. Ricardo Melo will conduct an excellent workshop while explaining the fundamentals and mechanics of healing from the point of Spiritism. Ricardo and his long team of enthusiasts will be offering healing reflections and therapeutic services.

**Spiritism and the Arts - Fred Gómez and Tonio**  
July 14 - 7:00pm - 10:00pm

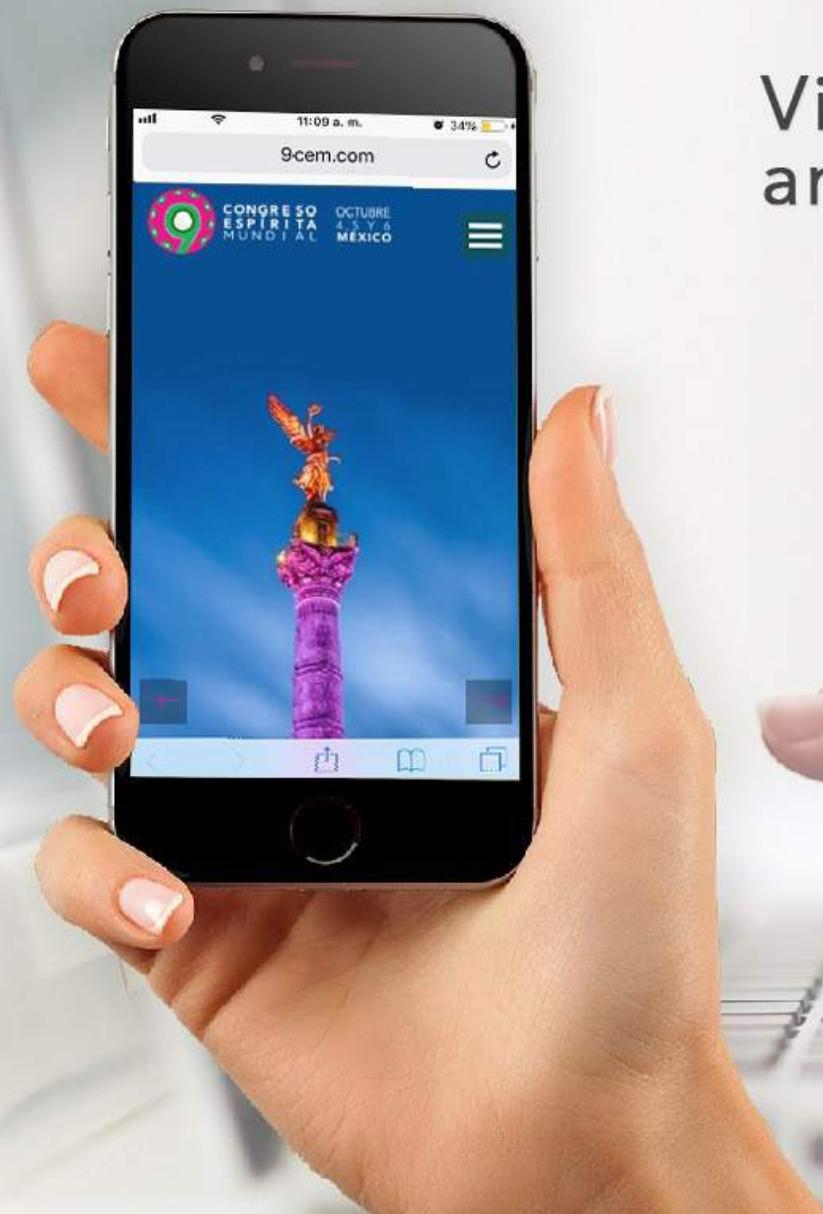
Fred Gómez is a respected Spiritist in the USA who is also an author and orator, conductor. He is the current president of the West Enlightenment Spiritist Society in New York. Fred Gómez will conduct a workshop with his musical team to show art through the therapeutic means of spirituality. They will play healing while reflecting the upcoming role of the arts in our New Era.

**Spiritist Movies: Chico Xavier**  
July 14 - 7:00pm - 10:00pm

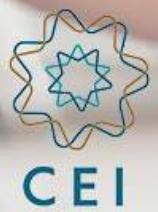
**Grandmas According to Chico Xavier**

The Brazilian documentary "Baba à Lével" (Deadline) brings to the public the revelation of Chico Xavier about a deadline for mankind to learn the truth in peace without destroying the Earth. Through confirmed predictions, interviews with friends and experts in futurology and international researchers, this film shows possible future for our species if we learn to live in peace. The documentarians claim that after the explosion of atomic tests, there was a copy of the book "Grandmas According to Chico Xavier" in the library of the United Nations. The Brazilian author of the book, Chico Xavier, in his book "The Final Solution", published in 1973, states that if humanity did not start a major war in the fifty years after the reveal to the mass, with first interplanetary beings, Chico Xavier makes no apology to any religion, but brings to the audience a message from the reveal of our final peace. This a documentary to reflect and repeat the same two-word future.

More information at <http://lilydaleassembly.org/spiritists>



Visit **www.9cem.com**  
and buy your tickets



# 7<sup>th</sup> U.S. SPIRITIST MEDICAL CONGRESS



Florida International University – Kovens Conference Center  
3000 NE 151st St, North Miami, FL 33181

October 6-7, 2018

## PROGRAM

### Saturday, October 6<sup>th</sup>

10:30 am – 1:00 pm	<b>Pre-Conference Brunch with Dr. Harold Koenig</b> - Q&A and book signing Separate ticket required for this event. Limited seating
1:30 – 2:00 pm	Welcoming address, video, artistic moment and opening prayer
2:00 – 3:00 pm	<b>Keynote speaker - Harold Koenig, MD, MHSc</b> : "The Research Evidence Justifying the Integration of Spirituality into Clinical Practice"
3:00 – 3:50 pm	<b>David Mercier, MS, LAc</b> : "A Beautiful Medicine: Love, Beauty, and Relationship on the Path to Wholeness."
3:50 – 4:20 pm	BREAK
4:20 – 5:10 pm	<b>David Schleich, PhD</b> : "Spiritual Care Counts More than We Knew: Whose Job is it Anyway?"
5:10 – 6:00 pm	<b>Alexander Moreira-Almeida, MD, PhD</b> : "The World Psychiatric Association's Position Statement in Religion, Spirituality and Psychiatry"
6:00 – 7:00 pm	<b>Round Table</b> : Dr. Koenig, Dr. Mercier, Dr. Schleich, Dr. Moreira-Almeida
7:00 pm	Closing the Day

### Sunday, October 7<sup>th</sup>

9:30 – 9:45 am	Greetings, video, artistic moment
9:45 – 10:35 am	<b>Alexander Moreira-Almeida, MD, PhD</b> : "The Spiritual Experiences and the Understanding of the Mind-Brain Relationship"
10:35 – 11:25 am	<b>Sergio Lopes, MD</b> : "The Triune Brain" [This lecture will be in Portuguese with translation to English]
11:25 – 11:40 am	<b>Jennifer McCormick, MA, CMI</b> : Spiritual Art – short talk & slides
11:40 – 11:45 am	Announcements from SMA-US
11:45 – 1:45 pm	LUNCH
1:45 – 2:35 pm	<b>Elaine Drysdale, MD</b> : "The Interface of Psychiatry, Spirituality and Near Death Experiences in Medical Practice"
2:35 – 3:25 pm	<b>Jeffrey Rediger, MD, MDiv</b> : "A Medicine of Hope and Possibility"
3:25 – 3:40 pm	BREAK
3:40 – 4:40 pm	<b>Round Table</b> : Dr. Moreira-Almeida, Dr. Lopes, Dr. Drysdale, Dr. Rediger
4:40 pm	Comments and closing prayer

FOR MORE INFORMATION: <http://congress2018.sma-us.org/>

**YOU ARE INVITED!**

# **From Miracles to Healing**

*Saturday, October 20, 2018*

**2 pm – 6 pm**

Richmond Friends Meeting  
4500 Kensington Ave, Richmond, VA 23221

## **Program**

**Short-talks on:**  
Understanding Miracles  
Thoughts Create Life  
Mechanisms of Healing  
Jesus' Healings

## **Service**

Individualized Spiritual Treatment

(first-come, first-served basis)

Healing Within Meditation and Prayer

## **Tribute to 150 Years of Genesis**

**Free Admission**

(Bring a piece of used or new clothing drive to be given a local shelter)

